

## PATERSON PUBLIC SCHOOLS



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Dr. Laurie Newell District Superintendent

9/1/23

Dear Families,

Paterson Public Schools is committed to ensuring that all our students start the day with a nutritious breakfast. Students who eat breakfast tend to miss less school, get better grades and are more likely to graduate high school. This letter is to inform you that our school will continue serving **breakfast in the classroom** for the 2023-2024 school year, beginning on 9/7/2023.

What is breakfast in the classroom? Breakfast will be served to students in their classrooms after the bell rings. Students will have an opportunity to eat breakfast during the first 15 minutes of class while their teachers take attendance, collect homework, or begin lessons as usual. Breakfast will be delivered to our classrooms in bags that keep the food hot and cold.



Serving breakfast in the classroom gives more students the opportunity to eat breakfast at school. It removes common barriers like students missing breakfast because they arrive late or because they would rather skip breakfast to hang out with their friends outside of the cafeteria. Now all students have the opportunity to eat together in their classrooms and start their day ready to learn.

School 9 start and end time: 8:15 am-3:00 pm.

Breakfast in the Classroom schedule: 8:20 am-8:40 am

School breakfast always includes milk, fruit or juice and whole grains. Even though breakfast items provided to students at school sometimes look like the same breakfast items found in stores, school breakfast items have more whole grains and less sugar, sodium, fat, and calories.

Breakfast is free of charge for all students.

If you have questions, please contact the Food Services Department at (973) 321-0950.

Sincerely, **D. Krystal Tanner, CDM, CFPP**Executive Director of Food Services